

Image Finding

An outline based upon Pathwork Lecture 39

Full text all lectures may be downloaded from www.pathwork.org

1. Explore deeply. 'You get what you pay for' is an inviolable spiritual law, often at odds with our human experience. We manipulate reality on the earth plane by limiting our ability to perceive greater spiritual realities. This allows us to (mistakenly) believe that we can get away with paying less than the actual value, or demanding more than we are willing to pay for. If we succeed in such 'cheating', the resulting false beliefs and illusions become part of the price we pay.

Hiding behind an image protects us from realizing the full cost of a transaction we have made.

"Only by exploring the depths, the deepest regions of your subconscious mind can you develop spiritually and ascend in the true sense. Temporarily it will appear as though you are becoming worse, as though you are regressing. Depressions are almost unavoidable, temporarily, in the search for what and who you really are."

2. Do not moralize. If you began a conversation with 'I'm ashamed of you!', what reaction would you expect?

"... you do not approach your subconscious with a moralizing attitude. Your subconscious does not like it and will resist. ... That is why I advised you last time to start from another viewpoint. Start by thinking about your hurts, conflicts, and problems. Regard your wrong inner attitudes as ignorance and error. Actually, that is what all faults really are! That is the very best way to begin."

3. See with new eyes.

"When you come across known reactions or faults in your inner images, beware of the attitude that you know it already. You may know it, but it still exists on another level and needs the same fresh approach as though you encountered it for the very first time."

4. Notice contradictions, paradoxes, incongruities, discrepancies.

"So it is important for you, my friends, to realize that you may find faults in your images that you do not have outwardly."

5. Learn to recognize a state of Grace.

"There are rare moments when you are filled with God and His laws of truth. This may happen to you occasionally, long before you have discovered deeper levels of consciousness. This feeling is not something that can be forced by a voluntary act; it cannot be controlled. It is grace, my friends."

6. Finding your images is a first step; transformation requires a willingness to change.

"It is not sufficient to find inner understanding about your hidden trends and reactions if you then just leave it at that. The work only begins after such. Take the newly found knowledge, and view it from various angles, and pray and meditate on that and not on the outer level on which you have worked before."

6. 'Paying the price' means you get what you pay for.

"It only takes a moment of courage to go through that which seems so shameful, by facing yourself as you are. That is the only way for you to discover that you have lived in a phantom world of fears and shames that have absolutely no reality whatsoever. Remember that."