

# Pathwork™ Steps

## Very short films that illustrate aspects of

Finding Your Faults PL 26 and Initial Steps PL 25 and PRS4

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*Links updated March 2023. I tried to include enough information so that you could locate them again. Copyright privileges change over time so these move to new websites. You may need to cut and paste the links into your browser bar for them to work.*

**10 Minutes** (2002, Bosnia and Herzegovina Directed by Ahmed Imamovic) 10 min. Short film about how different our perceptions can be, and how many different things can happen for only 10 Minutes. Award for the best European short film in 2002. <http://shortsbay.com/film/10-minutes>

**The Black Hole** (2008 Directed by Phil Sansom and Olly Williams.) 2:49 min. What would you do with if you were given a magic device that could change your life forever?

<https://www.youtube.com/watch?v=maGQKNiF8-A&pp=ygUPYmxhY2sgaG9sZSAyMDA4>

Info: <https://www.imdb.com/title/tt1430144/>

**Clocktower (2014 by Cara Antonelli)** 2:28 min. An animated version of the eternal struggle between our own personal pleasure and the responsibilities we take on that impact others. Antonelli's Senior thesis for Ringier School of Art and Design.

<https://www.youtube.com/watch?v=dHNKZ0qGXM0>

**I Shall Not Want** 4:22 min. Music Video by Audrey Assad. Featured in a NY Times Op-Ed column by David Brooks in 2014. <https://www.youtube.com/watch?v=e5xEYgGr6ms>

**Julie and Julia** 2009 1:00 min clip from the 2009 movie, where Julia Child expresses her frustration about finding a purpose to her life, or at least something to do that feels useful and productive. "What is it you really like to do?" asked her husband, trying to help her figure out what kind of job she would like. "Eat." Says Julia. "Yes, I know, I know... and you're so good at it!"

<https://www.youtube.com/watch?v=TSQ770iqDgY>

**Letterbox** 5 min. A Turner Classic Movies short on the difference in watching via "widescreen" or "Letterboxed" transfers of a film vs. "full screen" or "pan and scan". An analogy of how greater awareness of spiritual reality can change our perceptions. <https://www.youtube.com/watch?v=5m1-pP1-5K8>

**Same Place, Same Time, Tomorrow** (2013 Antoine Shapiro aka Arseny Knaifel) 5:28 min. Have you ever considered the negative power of regrets? What might change if you made a full and complete commitment to one of your dreams? Ref: Commitment: Cause and Effect PL196

<https://www.youtube.com/watch?v=6ZwCnJdQjG4>

**Seconds** (2008 Directed by Marco Slavnic) 2:03 min. Captures the life-changing impact of a moment's hesitation. "One day consists of 86,400 seconds. This is one of them."

<https://www.youtube.com/watch?v=okOJeBn0wjY>

**Small Pleasures** (2008 Directed by: Constantin Pilavios) 5:17 min. Do you experience life fully? Imagine if you did... <https://www.youtube.com/watch?v=flkFW5E0XcM#t=270>

With other short films at <http://gimundo.com/news/article/10-cant-miss-short-films/>

Links updated and verified February 2026