

Pathwork Steps

Cosmology of the Path

Presentation notes compiled by Jan Rigsby for Audio Presentation 2011

1. Intro

- a. *You are exactly where you are supposed to be, doing exactly what you are supposed to be doing.*
- b. *Holographic View: Every piece contains the whole.*
- c. *Life is Perfect. It is your perspective that needs to be adjusted.*

2. Cosmology of the Path

God's Plan	18	Free Will	21	The Fall
	19	Jesus Christ	22	Salvation
	20	God: The Creation	23	Q&A Session
PC08 Cosmology of the Path, a summary by Monica Rice Wendling				

Our Part in the Plan:

- 34 Preparation for Reincarnation
- 216 Connection between the Incarnatory Process and the Life Task
- 230 Reincarnation with the same Life Span

3. Bare bones drawings

Stuffed toy Elephant, representing fullness of the lectures

Internal Wire Support, representing this narrative, i.e., that a 2-hour presentation based upon these lectures can only be an outline.

4. Divine aspects of God re: Triads of Reason, Will and Emotion:

a. Beauty

American Heritage Dictionary (AHD): The quality that gives pleasure to the mind or senses and is associated with such properties as harmony of form or color, excellence of artistry, truthfulness, and originality.

Divine Substance ...can best be described as a fluid substance of the most radiant matter that is imaginable. It is the life force. PL 20

b. Wisdom

AHD: The ability to discern or judge what is true, right or lasting; insight.

In the right free choice and the abstaining from abuse of power lies divinity, lies love and wisdom and a number of further divine attributes. PL 20

c. Love

AHD: A deep, tender, ineffable feeling of affection and solicitude toward a person, such as that arising from kinship, recognition of attractive qualities, or a sense of underlying oneness.

God is love, and love must share. That is the nature of love. PL 20

5. *Spiritual Law*

There is no God who dishes out arbitrary punishment. God has created perfect laws and perfect conditions that His children have the opportunity to follow freely or not. PL 18

...the clockwork of the laws is so perfect that nothing unjust can come to any single individual. But that does not mean that you are free to commit sins, to be careless about the lives of others by leaning heavily on the fact that no injustice can happen to anyone anyway. You cannot do injustice to another being, but you can harm yourself by violating the laws of love. PL 23
God has also put into creation an infinite number of laws, providing beforehand for the possibility to return to God if and when any of the created beings should misuse his power and freedom. PL 18

The difficulty lies solely in purifying yourself, step by step, back to the state wherein you once were, wherein the keeping of the law did not present any difficulty for you. PL 18
...to be forced to stay within the framework of these laws ...would be a discrepancy in the creation. PL 18

6. *The Tree of Life: Free Will*

Since God is freedom, and freedom is one of the most important divine aspects, God's creatures must have this same freedom, otherwise they would be unlike God and thus incapable of being in union with Him. And this freedom, or free will and free choice, entails perforce the possibility to direct that free will contrary to divine law. PL 20

There are many people who think of free will as meaning that they can do or think anything they please without it causing any effect. ...which is ...a gross error. PL 18

7. *The Garden of Eden*

God created many beings and many worlds long before a material world existed; worlds of harmony, happiness, infinite beauty, and infinite possibilities to unfold creative divine aspects for all beings. ...where all created beings lived in a state of bliss as you cannot imagine. PL 20

8. *The Players*

Christ: Anointed One, highest and most exalted of all created being. His substance is the same as the substance of God. No other created being has this substance to quite the same degree as Christ. PL 19 Made by God the king of the universe with the highest privileges and strongest responsibilities. PL 22

Lucifer: came after Christ ...a marvelous and beautiful spirit -The Bringer of Light PL 22

9. *Genesis of the fall*

Thoughts and feelings are often lurking in the soul of man even if he does not dare to make that thought conscious. Jealousy ...that slight feeling of resistance against Christ ...represents the germ of the fall, the germ of evil. This is the way it all started. PL 19

Splitting is chaos; splitting is the nature of the fall of the angels ...with all its miseries and hatred. Splitting is the separation from God , and this initial tragedy, taking place long before the earth existed, is repeating itself again and again in the course of time. PL 19

That man and woman exist on earth as separate entities is a result of this splitting. Lower developed beings, like animals and plants and minerals, are still in a state of further splitting or division. Man's state, being split in half, is the last form before reunion, as the one creature he once was, can take place. PL 20

10. The Fall

You have a great power.

To use it might be dangerous.

You feel curiosity – what would actually happen?

Temptation becomes stronger

You cannot think of a means to counteract the temptation

You just want to try a little bit...just to see

Theoretical knowledge dissolves under the growing weight of the temptation

Once a single spirit succumbed, he set something in motion that could not be changed (just as he had known but chose not to remember when he gave in).

Power resulted from running in the opposite direction from divine law

Power affected and influenced other spirits = fall of the angels

Division began between those who succumbed and those who did not

Wholeness split further and further

Evil came into existence. PL 20

11. Did God Know? Is this fate?

Complete foreknowledge and free will of the individual cancel each other out.

God has certainly foreknowledge but not to the extent where the free will of the individual is concerned – because He gave free will. If he knew beforehand what you will decide tomorrow, there would be no free will. PL 20

12. Cause, Effect, Consequences and Divine Law

...Lucifer ...the first one in this new world that came into existence. And he would have complete control over all those who followed him, and, contrary to God, he would use this power. PL 21

The opposite of God and His laws = the prohibiting of free choice and the domination of the stronger over the weaker ones. PL 21

Even should they come to the point of desiring to go back to God, they would not have the power to do so since they were under the dominion and power of the one who reigns in this world of darkness. PL 21

Only by remaining true to himself and His laws could there be a fundamental difference between the ways of God and the ways of Lucifer. PL 21

13. Hell

*A spirit creates the world he lives in
State of mind automatically creates, as a reflex action
Only spirits of equal development can share a world
The worlds of disharmonious spirits are also called hell* PL 20

Spirits who become disharmonious cannot simply be ‘put’ into a world of harmony, as you might travel to a beautiful country. In spirit, the country is you, your product. Therefore, the once fallen spirits had and have to attain a state where they naturally produce again the harmonious worlds. PL 21

14. BUBBLE TIME Pass out bubble making party favors as demo

Everything is form! While, in your world, only material objects have form, and the so-called abstract things do not have form, for they are invisible to you. This is not so in spirit. Love is a form. When you have a beautiful thought, it will create one form. When you have a wicked thought, it will create another form – a concrete form for us. PL 22

You create worlds all the time, every day and every hour ... You create spiritual worlds. You do that automatically, because the law works in this way. Therefore, God created through His power, which He has given to His children to use to a wide extent and through His law that makes this possible. PL 23

For you, abstract ideas are formless. In the spirit world, all abstract ideas have form and substance. That is how each individual builds his world by his personality. PL 18 For only in your material world are thoughts and feelings abstract. PL 20

Wherever there are faults, weakness, blindness, according spheres come into existence. Wherever you are pure and purified, beautiful spheres are being created by you. PL 22

Spirits participating in the fall created new worlds according to their changing attitudes – dark worlds, worlds that are often referred to as hell. The attitudes of disharmony and hatred created according forms. PL 21

The vague longing that at first some and later more creatures felt was sufficient to bring a glimmer of light into their world, as though a far away dawn changed the contours of their world a little bit. PL 21

15. Discerning what is true

The wishing or thinking from the spiritual field entails man’s higher self or divine spark PL 18

And faith or so-called faith can never happen from the brain. If it is merely a matter of intellectual conviction, it is a weak faith. But faith coming from [the spiritual field (solar plexus or heart)] is the conviction and experience of truth. Faith in its true meaning is always a certainty that has been personally experienced although this experience cannot be conveyed to others who have not had this experience yet. PL 18

Once you have experienced it, you will know and understand very well what the difference is between willing from your brain and willing from your soul. PL 18

All this you must judge with your heart as much as with your brain. But as long as there is fear in you, your heart cannot judge. PL 19

16. “Middle Earth”

At first there was no longing, no sense of the light they had once possessed. PL21

In the spheres of darkness, some time had to go by before anything could be done. Enough spirits had to have this certain longing for light before lighter worlds, still in the realm of Lucifer, came into existence. Millions and millions of years went by before, due to this longing, gradually this earth sphere came into existence. PL 22

This earth is a product, a picture so to speak, of the longing of the spirits who have ... lived in darkness for a long time. This earth is equally a product of the longing of the spirits who remained in the world of God, for the fallen brothers and sisters to come back into divine light. PL 22

One of the particular purposes of this world of matter is that on the earth, you are open for influences of the higher, and well as of the lower spheres, and you stand, so to speak, in the middle and can choose. PL 23

An equal influence had to come from both sides. An equal influence means that fewer beings of the divine world lived on earth because their strength always outweighs and outlasts the influence of evil. PL 21

And thus you can find here on earth beauty, love and harmony; and you can also find the opposite, again with all the shades in-between. And on this earth sphere, man has the possibility with his free will to develop and to decide what side to follow. The conscious self... has the possibility to decide to either take the line of least resistance, which is always man's lower nature, or to follow his higher self, which must be the difficult and narrow path. PL 22

Long before these fallen spirits were far enough to be born as men and women, the spiritual life force acted and created other forms of life – not only animals, plants, minerals, but the original life force ...created other substances ...that were at first without self-knowledge just as a plant or mineral is without self-knowledge. PL 21 Only with this self-knowledge, which includes thinking and deciding, can development take place. PL 21

17. Plan of Salvation

This could only be done if God's laws would never be broken, not even for the purpose of bringing back the fallen creatures. PL 22

When enough beings who were ready and really consciously cognizant of God desired to have complete union with God... Christ faced Lucifer. It is a spiritual procedure ... impossible to translate into human language.

A paraphrasing:

Christ: Let them go

Lucifer: No way!

Christ: There will be war

Lucifer: Even if you win and take my power away, I will not surrender

(Therefore Lucifer would be damned, and the plan would never be complete)

Christ: What would convince you to surrender?

Lucifer: Let me have unfettered influence over one human being. If he remains faithful to God – and then you defeat me. Only then will I recognize God's laws as being utterly just. PL 22

Jesus Christ successfully completed His task on this earth sphere, and fulfilled the plan of salvation in every sphere. These new conditions were that every human being had the possibility to turn to God during his development on earth, going from one life to another. Lucifer had all the rights to tempt...should man resist...he could unite with his Creator and inhabit the divine worlds once more. Even the traps and temptations that Lucifer could use were from that time on limited to remain in accordance with divine law, so that the activities of the powers of darkness are limited and stand ultimately under the jurisdiction of God. PL 22

That Lucifer have a certain amount of freedom is necessary... for development. For Evil has to be tasted to the brim in many cases before it can be overcome out of free will and the beings own initiative. This life on earth is like a school where from one class to another your develop. PL 22

18. How it works

Since that war between Christ and Lucifer, and since the salvation everything is established and runs according to plan. PL 23

When development proceeds as it should, the time must come when you first discover, so to speak, like a different person, the subconscious. This is the first step. And this of course is not always pleasant. Then you will very slowly, very seldom at first, but later more and more, penetrate into your own higher self, your true and permanent identity. PL 22

None of you fully understands that if a single person develops, really does the best in his power, he does not only help himself, but he adds the most valuable cosmic power to a great reservoir which will ultimately have a very decisive effect and will spread considerably even though he himself may not even see a part of this effect. PL 21

Now, it is very often that a person's lower self does not want you to understand what it is all about. It constantly furnishes excuses, 'reasons', pretexts, why one cannot do what is so important. These are rationalizations, and the surface mind accepts them because it is the line of least resistance. PL 20

19. Christ and earthly religions

You can reach a stage of development through every one of the great religions, also the non-Christian ones, in which you can experience absolute truth. And no spirit of the world of God will ever tell you to leave your church or your temple or your faith. PL 19

What God expects from you and what is part of perfection and development... is gratefulness to the person without whose deed no one could come back into divine light, without whose deed the stream back to God would have been broken for all creatures not ready at the time such a decision would have been taken by God. PL 19

Therefore since Christ represents such an important part of your returning to God and thus deserves your personal gratefulness, some contact with Him – for He is indeed the best friend you

could ever have, your strongest Helper – you will not be able to reach God without Him in the very last analysis. And in this respect, the answer to the question, whether you can reach God only through him, is yes. For the constant denying of these facts would imply a stubbornness of your heart that is a symptom of imperfection, and as long as any imperfection is alive within you, you cannot unite with God. PL 19

Do not hold on in stubbornness. Do not believe that this means to ‘give in’ or that it may mean to show ‘lack of character’. That is not the question here at all! The question remains always, what is true? PL 19

The truth can only be perceived by the love, the sincerity, the harmony, the profound joy of life that emanates from a person and, of course, a certain wisdom – not the intelligence, but the wisdom and the modesty. All this you must judge with your heart as much as with your brain. But as long as there is fear in you, your heart cannot judge. PL 19