

## Connection Between the Incarnatory Process And the Life Task

### Pathwork Lecture 216

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Further handouts available at [www.janrigsby.com](http://www.janrigsby.com)

### **Incarnation *Dictionary definitions:***

1. Act of / condition of incarnating
2. (Christianity) Doctrine that the son of God is both true man and true God
3. A bodily manifestation of a supernatural being
4. One who is believed to personify a given abstract quality or idea
5. A period of time passed in a given bodily form or condition

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### **Starting Points as Paradigms**

Human Perception:

Birth      Death      Birth      Death  
|\_\_\_\_\_|      |\_\_\_\_\_|

Incarnatory Process

Birth      Death      Birth      Death  
—|      |\_\_\_\_\_|      —|

The fulfillment of the task of the foregoing life is reflected in the manner of death.

## Human Limitations:

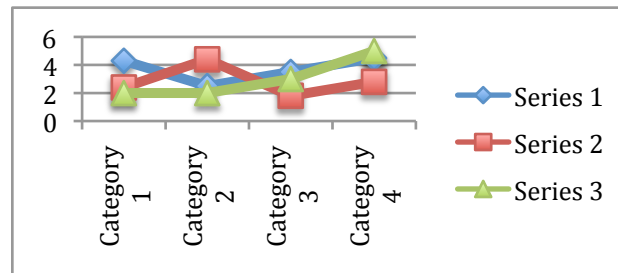
Fragmented consciousness

Loss of memory

(yet inner longing remains)

Operating in 5 dimensions

(vs #s available in spirit plane)



(Chart as suggestion of how we might see or want to see our inner spiritual lives – as something we can define and understand clearly)

Result:

Dualistic thought processes

i.e., Good/bad, Right/wrong

Reliance upon linear / rational

## Our Life Task:

The aspect to be purified is “sent out” into a realm of consciousness that is commensurate with it’s own state.

An incarnation is thus chosen in order to fulfill specific tasks

The task lies always where the personality is still separate from the essence.

When the inner being permeates the outer personality, the task will be fulfilled.

## **Indications that the Life Task is not being fulfilled:**

Vague Longing  
Discontent that cannot be placed  
Anxiety  
Neurosis

In reality, neurosis is being produced as a result of not establishing the connection with the inner self, as a result of not fulfilling the contract the soul has come to carry out.

### **Inner Being may decide to die / exit if**

Outer personality...

1. Stubbornly refuses
  - a. Influx of divine inner consciousness
  - b. Guidance
  - c. Signs
2. Follows path of least resistance  
and rationalizes it
3. Moves away from any possibility  
of fulfilling the life task

### **Inner Decision for Death**

When a new direction or spiral form is impossible to establish, the Inner Being may make a decision for death.

Death would not be organic if

1. Conscious mind is completely disconnected from inner will
2. Outer Personality is totally unaware of the decision of the inner self

Outer personality would experience death as difficult or painful, and senseless or arbitrary.

*The fluid system of the energy body carries this plan within itself. It is always visible, available, recognizable. There are no secrets about it.*

## **Outer Personality may decide to die / exit if**

1. Undeveloped aspects have created trouble, struggle, resistance
2. Does not wish to continue
3. Ignores / does not feel favorable direction (which does not necessarily mean pleasant direction)
4. Enmeshed with problems
5. Larger view blurred
6. Strengthens imaginary separation from all that has meaning and that is good
7. Unwilling to move although it could move, has every possibility of moving
8. General mood becomes hopeless without real cause
9. Struggles are aggrandized so as not to 'give in' or look for new approaches
9. Life is willfully destroyed as worst impulses are acted. Struggle may continue for decades or lead to suicide

To the degree that the bridge between inner and outer, the future incarnation is that much more difficult due to the separated consciousness

## **Future Incarnations**

Stage set as a result of the life plan of the last incarnation

Plan is the result of the former life and death processes and simultaneously sets stage for the birth process

## **Signs of a Truly Fulfilled Life:**

1. Difficulties are increasingly treated as stepping stones, doors to yet new liberation, and finally cease to be experienced as difficulties
2. Inner and Outer being are in full concordance about everything, including the time and manner of severing the ties with the physical vehicle
3. The gauge with which to measure completion of the life task is:
  - Inner Peace
  - Fearlessness
  - Organic Living and Dying