

# Autobiography in Five Chapters

By Portia Nelson

I

I walk down the street.  
There is a deep hole in the sidewalk.  
I am lost... I am helpless.  
I fall in.  
It isn't my fault.  
It takes forever to find a way out.

II

I walk down the same street.  
There is a deep hole in the sidewalk.  
I pretend I don't see it.  
I fall in again.  
I can't believe I am in this same place,  
But - it isn't my fault.  
It still takes a long time to get out.

III

I walk down the same street.  
There is a deep hole in the sidewalk.  
I see it is there.  
I still fall in... it's a habit... but  
my eyes are open.  
I know where I am.  
I get out immediately.

IV

I walk down the same street.  
There is a deep hole in the sidewalk.  
I walk around it.

V

I walk down another street.