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By Sean Haldane



Pulsation. From Wilhelm Reich to Neurodynamic Psychotherapy



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| #3315527 in Books | 2014-04-03 | 7.87 x .79 x 5.311, | File type: PDF | 254 pages

| 0 of 0 people found the following review helpful. | A Good Read | By Richard Schulman | Having read Dr. Haldane's Emotional First Aid and enjoyed his "Cliff notes" presentation of Dr. Reich's Theories' I looked forward to his new book Pulsation. Since the publication of Emotional First Aid in the 1980's, Dr. Haldane has reviewed and revised his understanding of Dr. Reich's Therapy and ideas. Throughout his new book, Dr. Haldane pres | About the Author | Seán Haldane is a consultant clinical neuropsychologist and psychotherapist based in London. He is also known as a writer and poet.

Wilhelm Reich identified pulsation as the basic life function, experienced most intensely in orgasm, and his therapy worked to dissolve emotional and physical blocks to full pulsation, through character analysis and a focus on the breathing. He also believed pulsation was a function of a universal life energy which he called orgone. This book examines Reich's work in the light of neuroscience and proposes that although pulsation is definitive of life, the concept of a sp

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