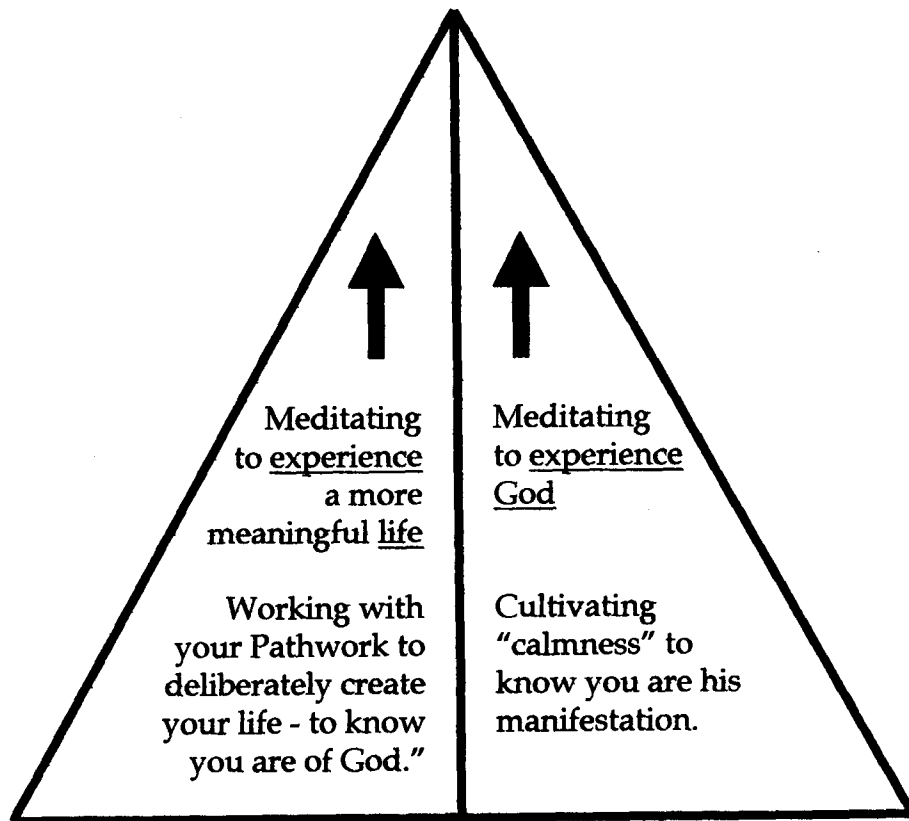


# God

100% Love  
100% Truth  
100% Goodness



## Pathwork Meditation

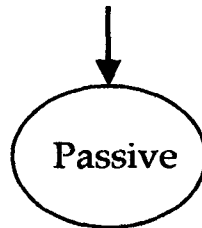
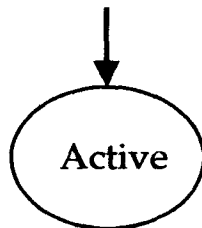
# God is in man and man is of God.

PRS #3

Spontaneous Consciousness → Creative Substance = Creation

Sperm → Egg = Creation

Cause + Automatic Law = Effect



## Psychological Work

Emotional  
"Control"

Thought  
Control

## Spiritual Work

Mind Control

Reason

Will

Emotion

Holographic

Multi-faceted

They all connect and, of  
course, it's all spiritual work.

**Observer of  
Your Thoughts**

- 1) Discard
  - 2) Work with
  - 3) Defer Analysis
- (active)*

**Watcher of  
Your Thoughts**

Watching

*(passive)*

This is not a linear process.

# **Observation of Your Thoughts**

## **Foreground Thought**

### *Voluntary*

If you want to think something and follow it through, it is a foreground thought.

## **Background Thought**

### *Involuntary*

If thoughts come unbidden - if you are a victim of them - they are background thoughts.

# **Control of Your Thoughts**

*(Positive Mind Control)*

## **Thinking**

Using your mind to concentrate on and think about your Pathwork - praying and meditating on your conflicts, misconceptions, emotional reactions and obstacles, etc.

## **Not Thinking**

Calming your mind. Being relaxed and calm when you are not using your mind to think about your Pathwork. Cultivating your connection to the state of being.

## **Pray For:**

- Yourself
- Others (enemies too)
- The World
- All Spirits in the Universe

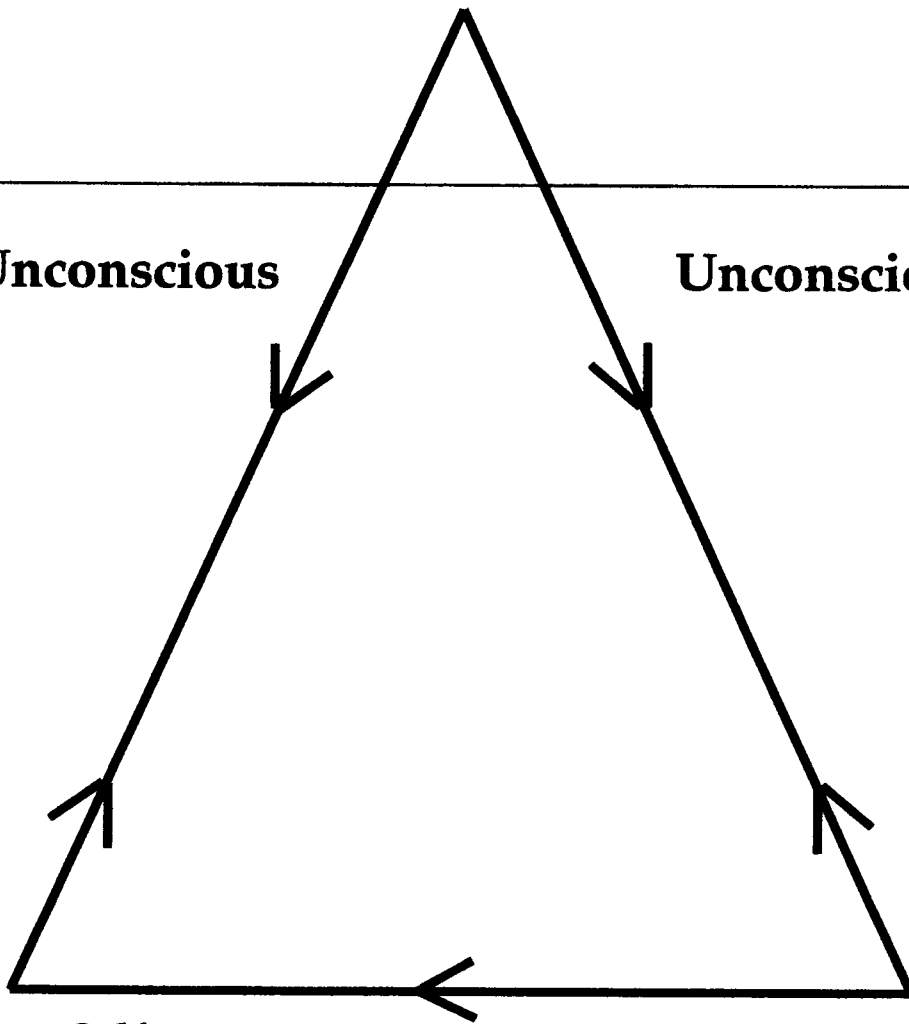
**Conscious Ego Mind**

**Unconscious**

**Unconscious**

**Lower Self**

**Divine Self**





## **Benefits of Thought Control**

- a) A general power of discrimination
- b) Increased inner and outer vitality
- c) Better memory
- d) Clearer and stronger thoughts
- e) The increased ability to make your Inner Will function

## **Background Thoughts**

- a) Symptoms of disturbed emotions, of inner conflicts that never express the conflict itself.
- b) You re-experience events or conversations or impressions in snatches and fragments.
- c) Wishful thinking.

**“The Universal  
Intelligence does  
not push itself on  
man unbidden.”**

PRS #6

# **Process of Purification** **and Development**

## **Angle 1** **Emotional "Control"**

- a) Pathwork search for negative aspects
- b) Pathwork search for positive aspects
- c) finding spiritual nature

## **Angle 2** **Thought Control**

- a) observation of thoughts
- b) control of background thoughts
- c) calmness  
(finding spiritual nature)